

Recent publications from Dr. Ahlering and Dr. Yafi's Prostate/Men's Health Research Team. This team produced ~30 published work from 2019-2020.:

1. Pudendal and Dorsal Penile Nerve Blocks during Inflatable Penile Prosthesis Implantation.
  - a. Our team is using a new analgesic technique to decrease the use of opioids intraoperatively during penile prosthesis insertion.
  - b. <https://www.vjpu-issm.info/videos/peer-reviewed/1-penile-prosthesis-malleable-inflatable-penile-prosthesis-ipp/1-a-first-time-implant>
2. Intralesional Injection Therapy and Atypical Peyronie's Disease: A Systematic Review.
  - a. Our team is able to produce significant improvement in men presenting with atypical PD.
  - b. Sex Med Rev. 2020 Jul 10;S2050-0521(20)30045-7. doi: 10.1016/j.sxmr.2020.05.003
  - c. <https://pubmed.ncbi.nlm.nih.gov/32660728/>
3. Impact of antimicrobial dipping solutions on post-operative infection rates in diabetic patients undergoing primary insertion of a Coloplast titan inflatable penile prosthesis.
  - a. A multi-institutional study showing lower infection rates occurred during penile prosthesis implantation in diabetic men using a modified antibiotic regimen.
  - b. [https://www.jsm.jsexmed.org/article/S1743-6095\(20\)30758-X/abstract](https://www.jsm.jsexmed.org/article/S1743-6095(20)30758-X/abstract)
4. Organic Diet and Intermittent Fasting are Associated with Improved Erectile Function.
  - a. First study to suggest organic diet and intermittent fasting to be protective against ED.
  - b. Urology. 2020 Jul 25;S0090-4295(20)30879-7. doi: 10.1016/j.urology.2020.07.019.
  - c. <https://pubmed.ncbi.nlm.nih.gov/32717247/>
5. Testosterone replacement therapy reduces biochemical recurrence after radical prostatectomy.
  - a. Testosterone replacement therapy (TRT) after radical prostatectomy significantly reduced biochemical recurrence and delayed time to biochemical recurrence. There was no identifiable general health complications associated with TRT.
  - b. BJU Int. 2020 Jul;126(1):91-96. doi: 10.1111/bju.15042. Epub 2020 Apr 1.
  - c. <https://pubmed.ncbi.nlm.nih.gov/32124531/>
6. Testosterone replacement therapy reduces biochemical recurrence after radical prostatectomy.
  - a. BJU International. July 2020. doi: 10.1111/bju.15042.
  - b. <https://bjui-journals.onlinelibrary.wiley.com/doi/full/10.1111/bju.15042>
7. Challenging beliefs of testosterone therapy and prostate cancer.
  - a. Nature Reviews. Urology. December 2019. doi: 10.1038/s41585-019-0253-8
  - b. <https://www.nature.com/articles/s41585-019-0253-8?proof=t>
8. Internal and External Validation of 90-Day Percent Erection Fullness Score Model Potency Recovery following Robot-Assisted Radical Prostatectomy.
  - a. European Urology Oncology. Sept 2018.
  - b. <https://doi.org/10.1016/j.euo.2018.08.030>
9. Unintended Consequences Decreased PSA-based Prostate Cancer Screening.
  - a. World Journal of Urology. July 2018.
  - b. <https://doi.org/10.1007/s00345-018-2407-3>
10. Predictive Modeling of Two-Year Potency Outcomes via a Novel 90-Day Percent Fullness Scale after Robot-Assisted Radical Prostatectomy.
  - a. British Journal of Urology, International. Feb 2018.
  - b. <http://dx.doi.org/10.1111/bju.14190>